



Building **Community** Resilience

Milken Institute School
of Public Health

THE GEORGE WASHINGTON UNIVERSITY

Sumner M. Redstone
Global Center for
Prevention & Wellness

go.gwu.edu/BCR



@ResilNation



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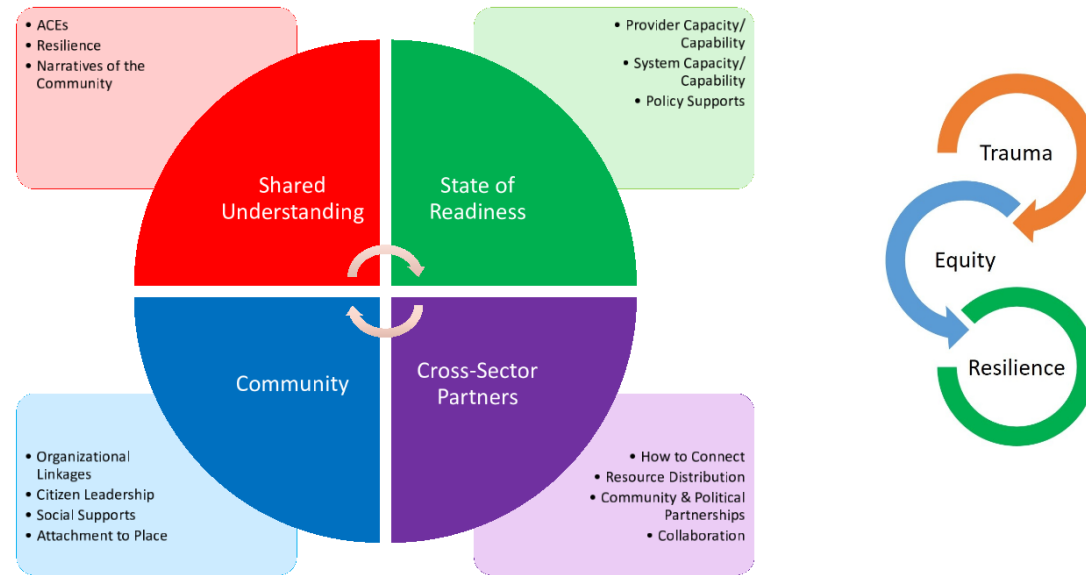
"Pair of ACEs" group



The Power of Collaboration

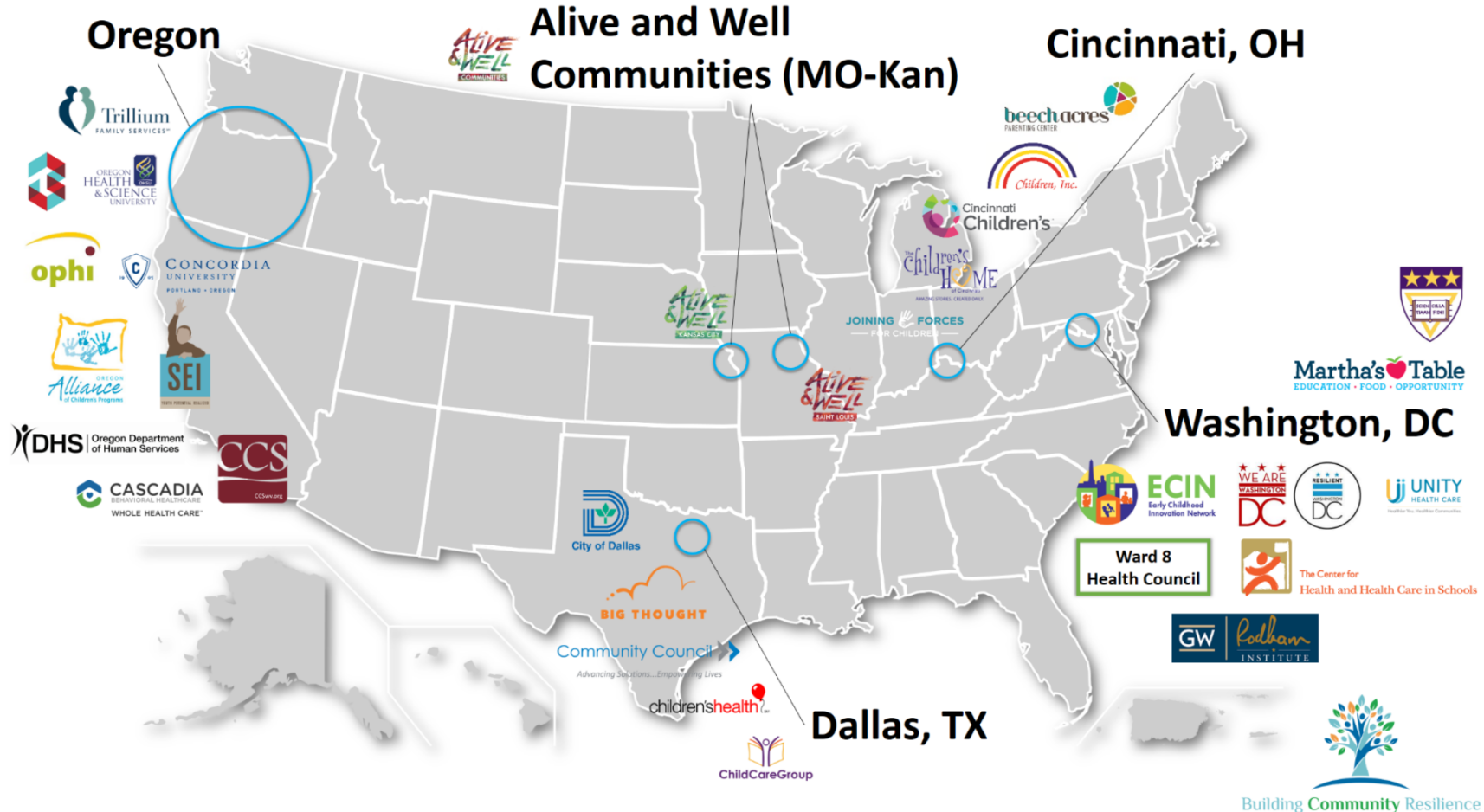


Building Community Resilience: Process of Assessment, Readiness, Implementation & Sustainability

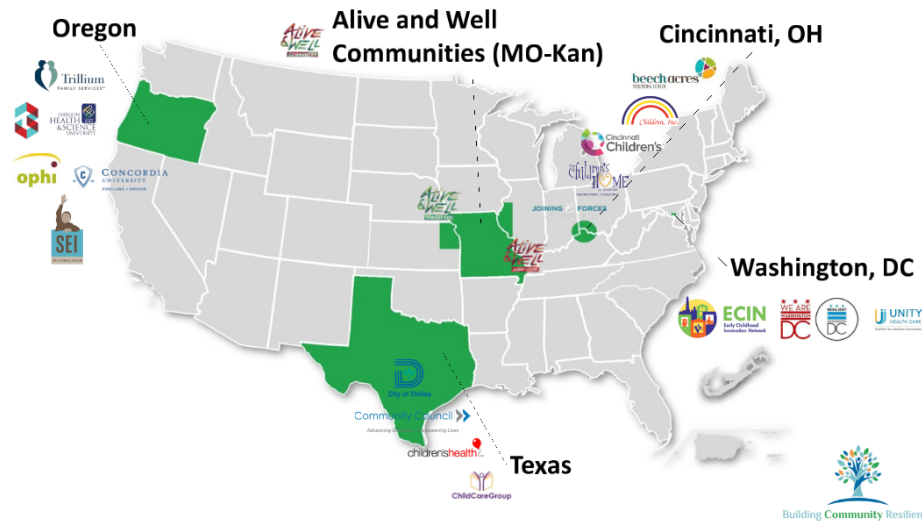


Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011

The BCR Collaborative & Networks



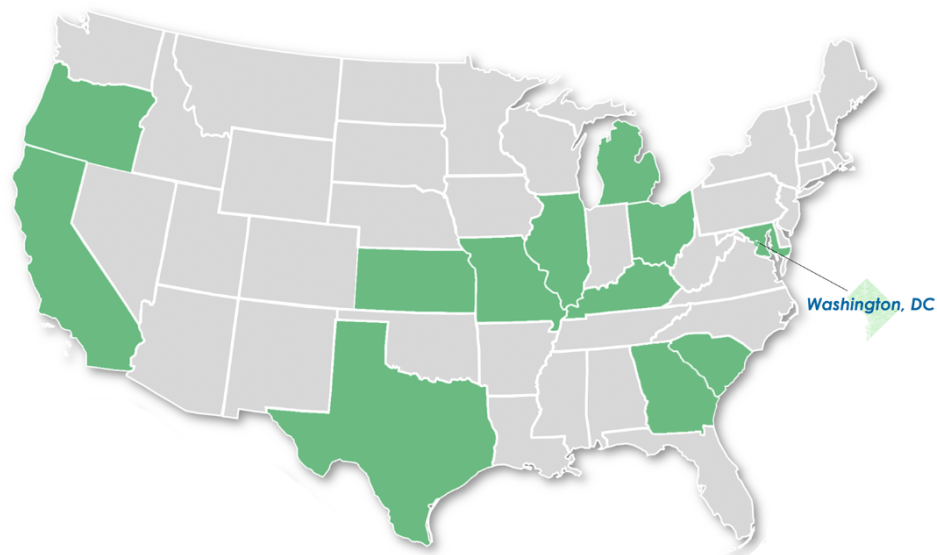
The Power of Collaboration



Changing Practice & Programs

BCR Policy Network: Hill Day 2019

Influencing Policy





**Building Community Resilience:
Addressing the Pair of ACEs through Practice, Program & Policy Change**

Defining Resilience

Protective Factors that Promote Individual Resilience

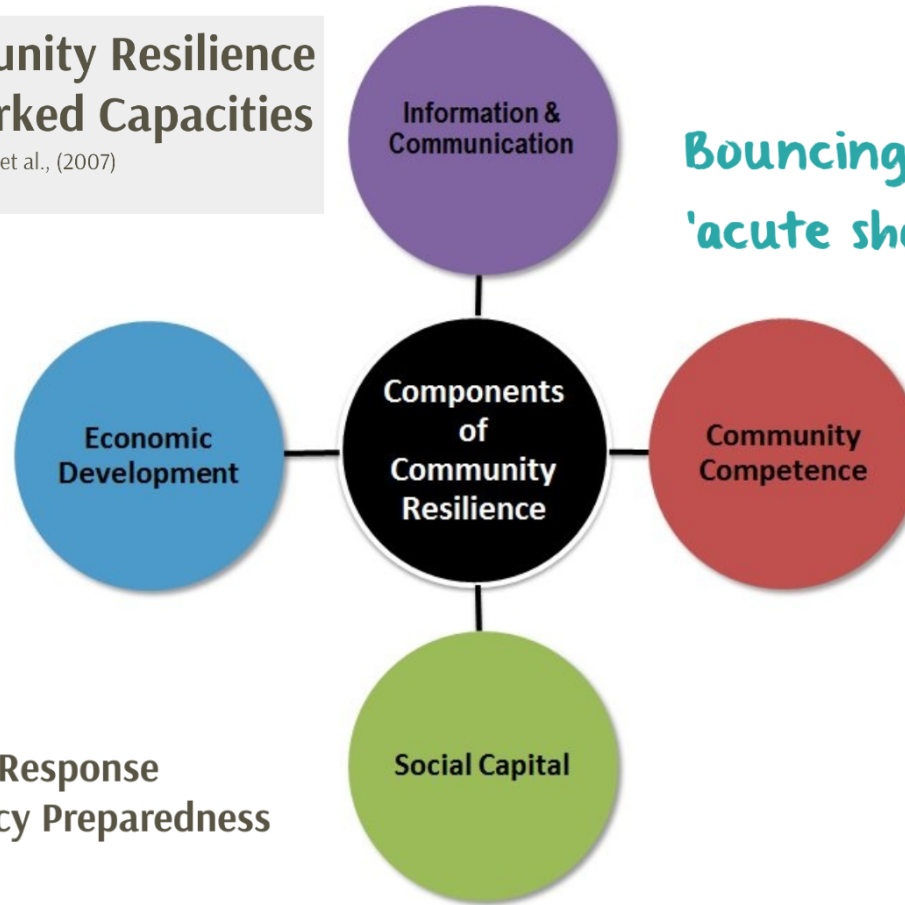
Individual-Level Factors	Family-Level Factors	Community-Level Factors
Personal characteristics	Resources	Peer relationships
Personal traits	Supportive relationships	Social Networks
Intellect	Family coherence	Social Support
Self-efficacy	Parental relationship	Religion
Coping skills	Stable caregiving	Community cohesion
Appraisal of adversity or maltreatment	Spousal support	Civic engagement
Life satisfaction	Stable employment	Economic development



Community Resilience Networked Capacities

Source: Norris, et al., (2007)

Bouncing back from
'acute shocks'

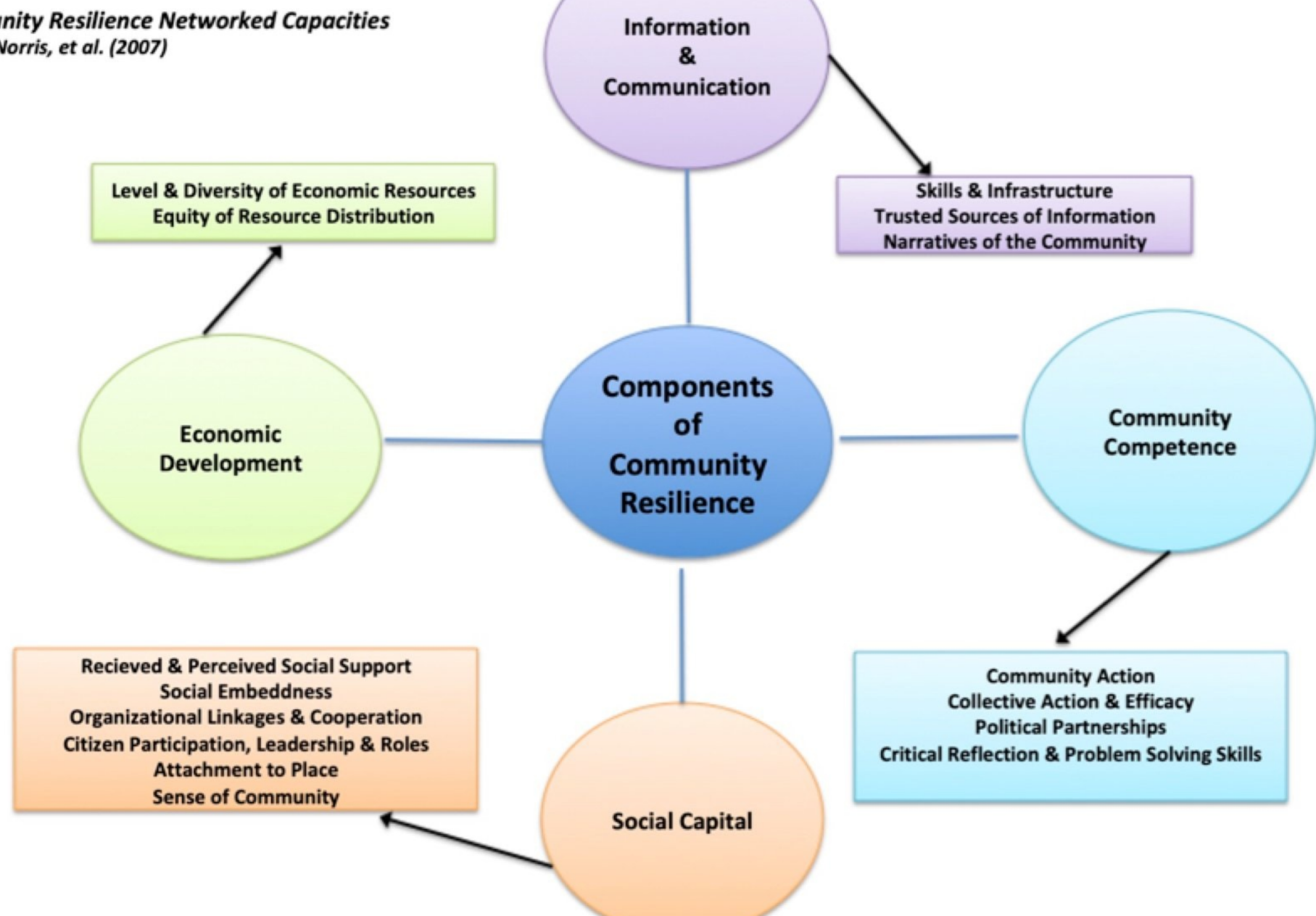


Disaster Response
Emergency Preparedness

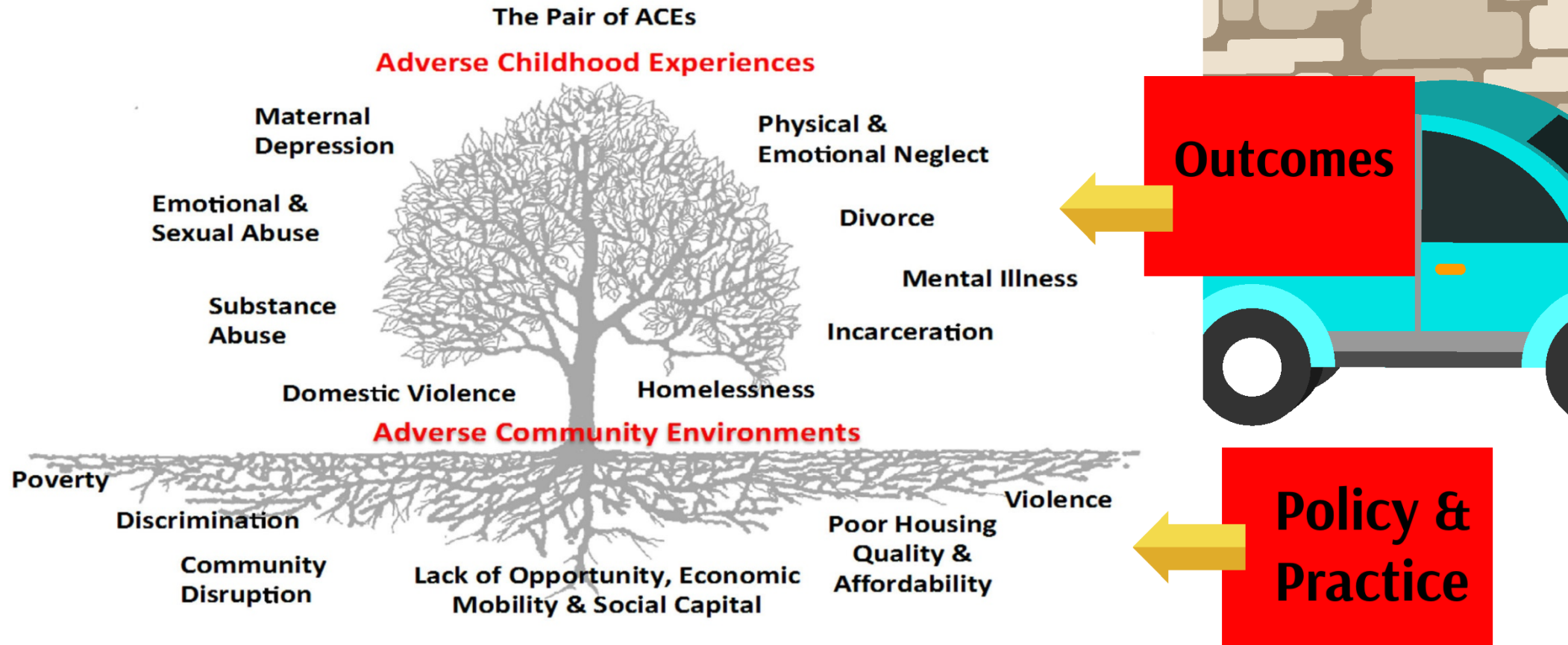


Community Resilience Networked Capacities

Source: Norris, et al. (2007)



Systems Driven Community Characteristics



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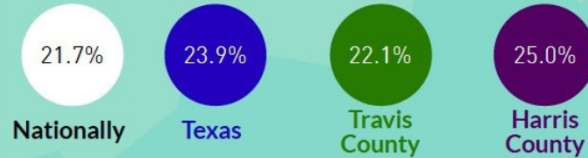
BUILDING COMMUNITY RESILIENCE IN AUSTIN



ACEs are an American health problem.

Adverse Childhood Experiences (ACEs)

% children with 2+ ACEs:



Adverse Community Environments (ACEs)

include:

- ✓ Poor housing quality & affordability
- ✓ Violence
- ✓ Discrimination
- ✓ Lack of opportunity & economic mobility

Together, these are the "**Pair of ACEs**".

Austin's Soil

Adverse Community Environments



Rate of **violent crimes** (per 100,000 ppl)

Texas
408 crimes

Travis County
346 crimes

Harris County
714 crimes



% children living in **poverty**

22%

16%

24%



% **severely unaffordable or unsafe homes**
(monthly costs over 50% of income, no kitchen, no plumbing, or over-crowding)

18%

21%

21%



% families with **limited access to a grocery store**

N/A

26%

18%



Rate of **drug overdose** deaths (per 100,000 ppl)

9 deaths

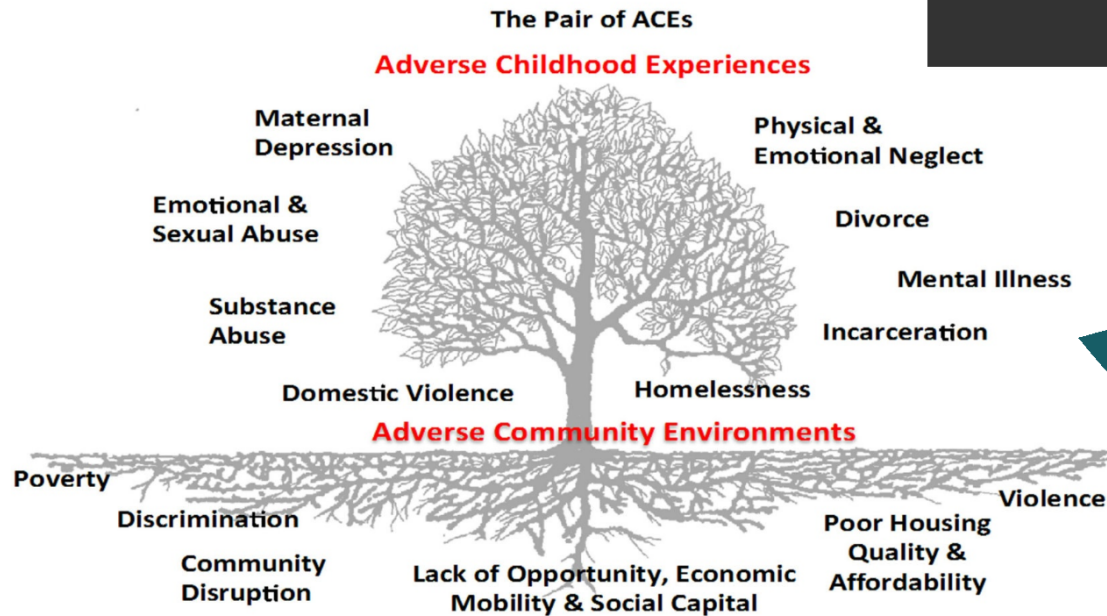
12 deaths

10 deaths

Breakout Exercise: Describe your Pair of ACEs Tree.

What does adversity look like?

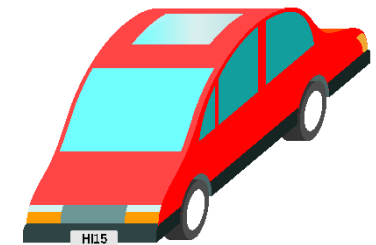
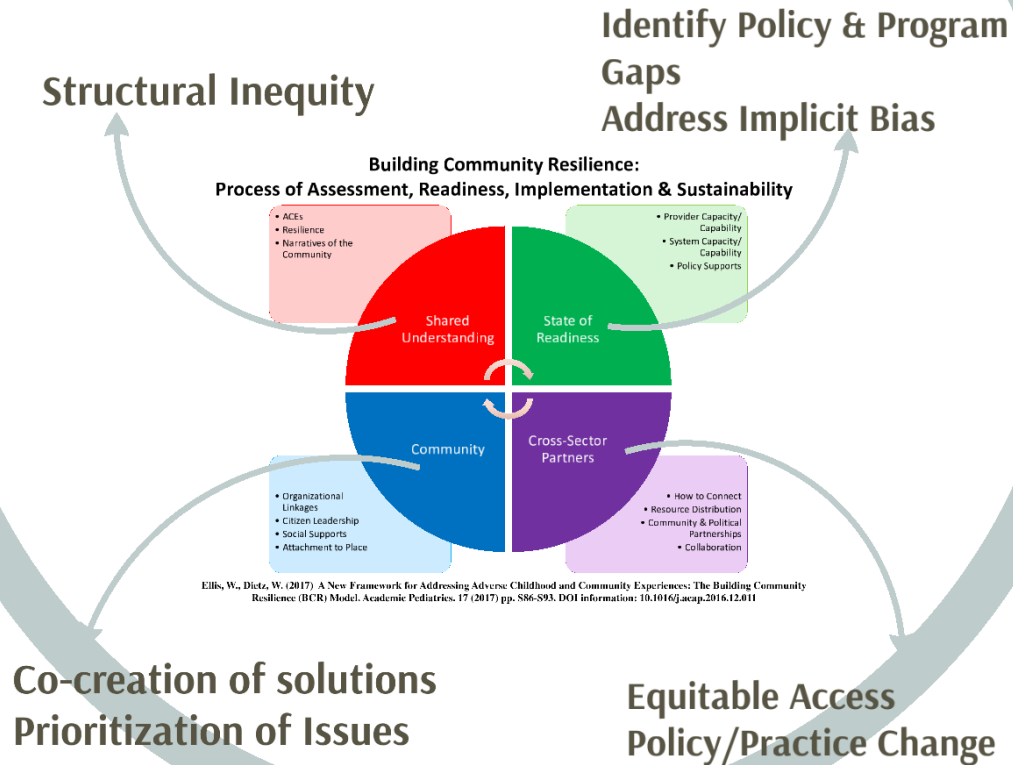
Describe the "Leaves & Branches"



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What is in your "Soil"?

Power of Collaboration





DC Root Causes Community Dialogues

Addressing Community Trauma,
Community Policing & Violence
in the Nation's Capitol

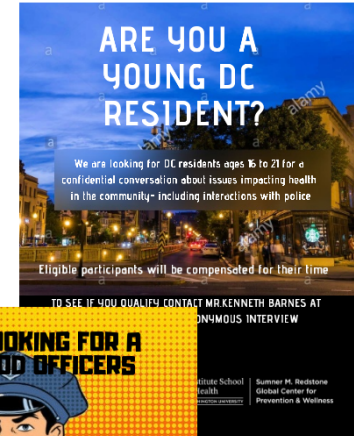
"It's like I'm not even welcome
to walk down my own street"



The Problem:
Police search & seizure tactics
Community violence
Violence & police related trauma

The Process:
Community conversations
Police focus groups

Goal:
Connecting youth & police
Community-driven solutions
Connecting across sectors
Youth-Police Advisory Board





Partnering across sectors to promote healing, foster equity & build resilience

- Trauma-informed practice
- Multi-sector services
- "Serve the community, where they are"



Increased attendance
Increased reading levels
Increased teacher retention



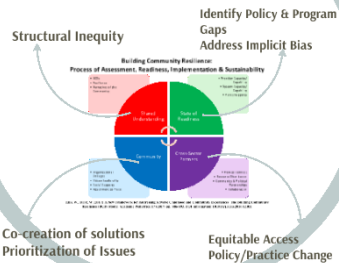
Decreased absenteeism
Decreased behavioral issues



CEs" group



Power of Collaboration



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Community-Level Factors
Peer relationships
Social Networks
Social Support
Religion
Community cohesion





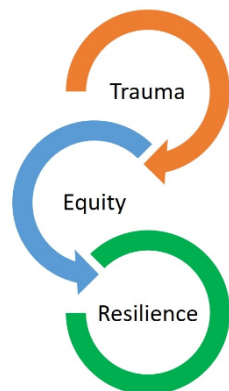
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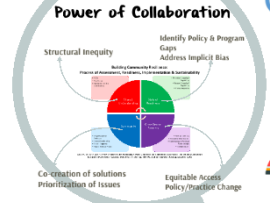
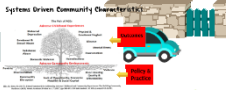
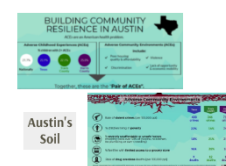


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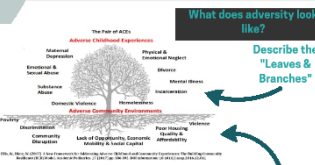


Defining Resilience

Personal characteristics	Resilience	Personal characteristics	Resilience
Personal traits	Resilient relationships	Social networks	Resilient relationships
Resilient	Resilient relationships	Social support	Resilient relationships
Self-efficacy	Resilient relationships	Beliefs	Resilient relationships
Empathy skills	Resilient relationships	Community cohesion	Resilient relationships
Engagement of planning or involvement	Resilient relationships	Community cohesion	Resilient relationships
Life satisfaction	Resilient relationships	Community cohesion	Resilient relationships



Breakout Exercise: Describe your Pair of ACEs Tree.



What is in your "Soil"?

