**The Austin Center for Grief and Loss** [www.austingrief.org](http://www.austingrief.org) [512 472-7878](https://www.google.com/search?q=grief+support+austin&oq=grief+support+austin&aqs=chrome..69i57j0l4.2808j1j7&sourceid=chrome&ie=UTF-8)

We are a non-profit organization focused on grief and trauma with the mission to assist children and adults as they move from loss to life, transforming their grief through therapy, support, education, training and consultation.

The Austin Center for Grief & Loss provides services to individuals and families who have experienced a loss due to the death of a loved one from illness, miscarriage, accident, suicide, or violence; along with those who have experienced loss due to divorce or separation.

We strive to help anyone in need of hope and healing, regardless of one’s ability to pay. For those in need we offer a sliding fee scale and a care assistance program when funds are available.

**The Christi Center, Austin** [www.christicenter.org](http://www.christicenter.org) 512-467-2600

Are you grieving the loss of a loved one or know someone who is?  We can help!  Our doors are open to all those who are grieving, regardless of circumstances, relationship, or length of time since the death of a loved one has occurred.  All of our services are offered free of charge to those who are grieving, so cost is not a barrier to anyone.  Please explore our website and contact us at 512-467-2600 for more information on our support groups, information/referral to other providers, and remembrance opportunities.

**National Suicide Prevention Hotline** 1-800-273-8255

**Austin Integral Care Hotline to Help** (512) 472-HELP or (512) 472- 4357

**GriefShare** <https://www.griefshare.org/>

GriefShare is a friendly, caring group of people who will walk alongside you through one of life’s most difficult experiences. You don’t have to go through the grieving process alone.

GriefShare seminars and support groups are led by people who understand what you are going through and want to help. You’ll gain access to valuable GriefShare resources to help you recover from your loss and look forward to rebuilding your life. There are thousands of GriefShare grief recovery support groups meeting throughout the US, Canada, and in over 10 other countries. There’s one meeting near you!

[**Sign up for the GriefShare daily emails**](https://www.griefshare.org/dailyemails)**-** Receive an encouraging email message every day for a year. These short messages will inspire you and provide practical information as you grieve the loss of your loved one.

**Hospice Austin** [www.hospiceaustin.org](http://www.hospiceaustin.org) 512- 342-4700

Hospice Austin offers one-on-one short-term grief counseling with licensed therapists and masters level interns for adults and children ages 4 and up. Counseling in Spanish is available. Appropriate referrals to additional counseling resources are made when necessary.

Please call the Bereavement Department at 512-342-4700 if you have any questions or would like more information or visit <https://www.hospiceaustin.org/patient-family-services/bereavement/>