The Power of Collaboration

Building Community Resilience:
Process of Assessment, Readiness, Implementation & Sustainability

- ACEs
  - Resilience
  - Narratives of the Community

- Provider Capacity/ Capability
  - System Capacity/ Capability
  - Policy Supports

Shared Understanding

- Organizational Linkages
- Citizen Leadership
- Social Supports
- Attachment to Place

State of Readiness

- How to Connect
  - Resource Distribution
  - Community & Political Partnerships
  - Collaboration

Community

Cross-Sector Partners

Trauma

Equity

Resilience

The BCR Collaborative & Networks

Oregon

Alive and Well Communities (MO-Kan)

Cincinnati, OH

Washington, DC

Dallas, TX
Building Community Resilience:
Addressing the Pair of ACEs through Practice, Program & Policy Change
### Defining Resilience

#### Protective Factors that Promote Individual Resilience

<table>
<thead>
<tr>
<th>Individual-Level Factors</th>
<th>Family-Level Factors</th>
<th>Community-Level Factors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal characteristics</td>
<td>Resources</td>
<td>Peer relationships</td>
</tr>
<tr>
<td>Personal traits</td>
<td>Supportive relationships</td>
<td>Social Networks</td>
</tr>
<tr>
<td>Intellect</td>
<td>Family coherence</td>
<td>Social Support</td>
</tr>
<tr>
<td>Self-efficacy</td>
<td>Parental relationship</td>
<td>Religion</td>
</tr>
<tr>
<td>Coping skills</td>
<td>Stable caregiving</td>
<td>Community cohesion</td>
</tr>
<tr>
<td>Appraisal of adversity or maltreatment</td>
<td>Spousal support</td>
<td>Civic engagement</td>
</tr>
<tr>
<td>Life satisfaction</td>
<td>Stable employment</td>
<td>Economic development</td>
</tr>
</tbody>
</table>
Community Resilience
Networked Capacities


Components of Community Resilience

Information & Communication

Economic Development

Community Competence

Social Capital

Disaster Response
Emergency Preparedness

Bouncing back from 'acute shocks'
Community Resilience Networked Capacities
Source: Norris, et al. (2007)

Components of Community Resilience

- Economic Development
  - Level & Diversity of Economic Resources
  - Equity of Resource Distribution

- Information & Communication
  - Skills & Infrastructure
    - Trusted Sources of Information
    - Narratives of the Community

- Community Competence
  - Community Action
    - Collective Action & Efficacy
    - Political Partnerships
    - Critical Reflection & Problem Solving Skills

- Social Capital
  - Received & Perceived Social Support
  - Social Embeddedness
  - Organizational Linkages & Cooperation
  - Citizen Participation, Leadership & Roles
  - Attachment to Place
  - Sense of Community
Systems Driven Community Characteristics

The Pair of ACES

Adverse Childhood Experiences

- Maternal Depression
- Emotional & Sexual Abuse
- Substance Abuse
- Domestic Violence
- Physical & Emotional Neglect

Adverse Community Environments

- Poverty
- Discrimination
- Community Disruption
- Lack of Opportunity, Economic Mobility & Social Capital
- Poor Housing Quality & Affordability
- Violence

Outcomes

- Divorce
- Mental Illness
- Incarceration

Policy & Practice

BUILDING COMMUNITY RESILIENCE IN AUSTIN

ACEs are an American health problem.

Adverse Childhood Experiences (ACEs)

- % children with 2+ ACEs:
  - Nationally: 21.7%
  - Texas: 23.9%
  - Travis County: 22.1%
  - Harris County: 25.0%

Adverse Community Environments (ACEs)

- include:
  - Poor housing quality & affordability
  - Violence
  - Discrimination
  - Lack of opportunity & economic mobility

Together, these are the "Pair of ACEs".

Austin's Soil

Adverse Community Environments

<table>
<thead>
<tr>
<th></th>
<th>Texas</th>
<th>Travis County</th>
<th>Harris County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rate of violent crimes (per 100,000 ppl)</td>
<td>408 crimes</td>
<td>346 crimes</td>
<td>714 crimes</td>
</tr>
<tr>
<td>% children living in poverty</td>
<td>22%</td>
<td>16%</td>
<td>24%</td>
</tr>
<tr>
<td>% severely unaffordable or unsafe homes</td>
<td>18%</td>
<td>21%</td>
<td>21%</td>
</tr>
<tr>
<td>% families with limited access to a grocery store</td>
<td>N/A</td>
<td>26%</td>
<td>18%</td>
</tr>
<tr>
<td>Rate of drug overdose deaths (per 100,000 ppl)</td>
<td>9 deaths</td>
<td>12 deaths</td>
<td>10 deaths</td>
</tr>
</tbody>
</table>
Breakout Exercise: Describe your Pair of ACEs Tree.

What does adversity look like?

Describe the "Leaves & Branches"

What is in your "Soil"?

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Power of Collaboration

Structural Inequity

Building Community Resilience:
Process of Assessment, Readiness, Implementation & Sustainability

- Resilience
- Shared Understanding
- Cross-Sector Partners
- Community

State of Resilience

- Shared Understanding
- Cross-Sector Partners
- Community

Gaps

State of Resilience

- Building Capacity
- Understanding Community
- Advocacy

Equitable Access
Policy/Practice Change

Co-creation of solutions
Prioritization of Issues

Identify Policy & Program
Address Implicit Bias

- Trauma
- Equity
- Resilience


DC Root Causes Community Dialogues

Addressing Community Trauma, Community Policing & Violence in the Nation’s Capitol

“It’s like I’m not even welcome to walk down my own street”

The Problem:
Police search & seizure tactics
Community violence
Violence & police related trauma

The Process:
Community conversations
Police focus groups

Goal:
Connecting youth & police
Community-driven solutions
Connecting across sectors
Youth-Police Advisory Board
Partnering across sectors to promote healing, foster equity & build resilience

- Trauma-informed practice
- Multi-sector services
- "Serve the community, where they are"

Increased attendance
Increased reading levels
Increased teacher retention

Decreased absenteeism
Decreased behavioral issues